

Invitation to the Annual WSY Kick Off Classic Swim Meet

SUNDAY, October 31, 2004

*at the Cumberland Valley High School Natatorium
Mechanicsburg, PA*

Purpose: To provide swimmers with an early opportunity to establish times in the beginning of the year.

Date: SUNDAY, October 31, 2004

Facilities: The brand new recently renovated Cumberland Valley High School Natatorium has an eight (8) lane 40 meter pool divided by a bulkhead at 25 yards with warm-up/warm-down area opposite competition pool. A fully automatic Colorado 6 timing system with display board will be used. We will be using Hy-Tek meet management software. Adequate deck space is available for all swimmers. Spectator seating is available in gallery area above pool. Photos of the pool may be found on our web site.

Entries: This meet is open to all swimmers that are registered members with the clubs/YMCA's invited. Each swimmer may swim a maximum of five (5) individual events. The swimmers age will be determined as of December 1, 2004. All entries should be submitted on disk using the **Hy-Tek Team Manager software**. The file containing the events for this meet may be downloaded from our web site www.wsyswim.org. If you do not have access to the Hy-Tek software, please use the attached entry forms. Be sure to indicate if your entry times are in yards (Y) or meters (M). Entries, for which a swimmer has no time, must be entered with a NT in the space provided for the entry time. The number of entries for this meet will be limited. Entries may be faxed or e-mailed, however hard copy and payment must follow within three (3) days.

Closing Date: Entries must be received no later than **Monday, October 25, 2004**. Entries will be taken on a first come-first serve basis to keep within a four (4) hour time line.

Entry Fees: \$3.25 per individual event. (NOTE: If you will NOT be entering using the Hy-Tek software, the entry fee is \$5.00 per individual event). Please send one (1) check for the total amount of your team entry. Make all checks payable to **West Shore YMCA**. Entry packages, and payment should be sent to:

WSY Swimming
C/o Michael Gobrecht
410 Fallowfield Road
Camp Hill, PA 17011-4900
FAX (717) 728-3561
E-Mail: Mike@wsyswim.org
Phone: (717) 737-0511

Meet Admission: Cost of program is \$3.00 which includes admission

Meet Rules: The WSY Annual Kick Off Classic Swim Meet is governed by the current 2004-2005 NCAA Rules. All events will be timed finals. There will be no false start There will be a coaches meeting prior to the start of the session. It will be the coaches responsibility to get their swimmers to the seeding area prior to the start of each event. All swimmers will be on the pool deck for this meet. There will be no gymnasium utilized.

Meet Time Line:

11-11:50am Pool Open for General Warm-up (NOTE: *We will split the warm-up into 2 sessions. Warm-Up times will be e-mailed to everyone*)

12 noon Meet Begins

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Safety Notice – There will be **NO DIVING** from the shallow end (non-block end) at any time during warm-ups or during the meet. There will be **NO DIVING** from the starting blocks and no backstroke starts during the warm-up session, with this exception: Limited diving and backstroke starts from the starting blocks in sprint lanes will be permitted, BUT only when announced. These rules follow National YMCA Warm-Up Safety procedures.

Timers – Each team is requested to supply the name of one (1) timer. Thank you in advance for your help.

Awards: Custom made Rosettes (1st – 3rd), Custom Ribbons (4th-6th)

Meet Announcements - All pre-meet announcements including warm-up times/lanes, teams participating, meet psych sheets, and other pre-meet information may be found on our web site. www.wsyswim.org. All results, and coaches download files will be posted on our web site immediately following the meet. **We will NOT mail printed results.**

Concession Area – We will have a concession area with an assortment of items available during the entire meet.



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Girls Event #	Event	Boys Event #
1	9-10 100 IM	2
3	11-12 200 IM	4
5	13-14 200 IM	6
7	Senior 200 IM	8
9	9-10 50 Free	10
11	11-12 50 Free	12
13	13-14 50 Free	14
15	Senior 50 Free	16
17	9-10 50 Back	18
19	11-12 50 Back	20
21	13-14 100 Back	22
23	Senior 100 Back	24
25	9-10 200 Free	26
27	11-12 200 Free	28
29	13-14 200 Free	30
31	Senior 200 Free	32
33	9-10 50 Breastroke	34
35	11-12 50 Breastroke	36
37	13-14 100 Breastroke	38
39	Senior 100 Breastroke	40
41	9-10 50 Fly	42
43	11-12 50 Fly	44
45	13-14 100 Fly	46
47	Senior 100 Fly	48
49	9-10 100 Freestyle	50
51	11-12 100 Freestyle	52
53	13-14 100 Freestyle	54
55	Senior 100 Freestyle	56



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Entry Check List

To be submitted with your entry

Team Information:

Team Name: _____

Coach: _____

Entry Contact Person: _____

Contact Person Phone: _____

Contact Person e-mail: _____

Coach e-mail: _____

Number of Swimmers attending: _____

Number of Individual events: _____ X \$3.25 _____

NOTE: If you are NOT entering on disk, please multiply your total number of events entered by \$5.00



Total of your check: _____

Make all checks payable to West Shore YMCA