

**WSY Swimming**  
**2007-2008 Fall/Winter Practice Shedule**

Updated 11/13/07

(Y) YMCA (M) Messiah College

**Monday      Tuesday      Wednesday      Thursday      Friday      Saturday      Sunday**

<b>AGA (3)</b>							
<b>October 22-Nov 18</b>	OFF	6-7pm (Y)	6-7pm (Y)	5:30-6:30pm (Y)	OFF	OFF	OFF
<b>Nov 19-25</b>	5:15-6:15pm (Y)	6-7pm (Y)	OFF	<b>OFF - Holiday</b>	OFF	OFF	OFF
<b>Nov 26-Dec 16</b>	OFF	6-7pm (Y)	6-7pm (Y)	5:30-6:30pm (Y)	OFF	OFF	OFF
<b>AGB (4)</b>							
<b>October 22-Nov 18</b>	4-5:15pm (Y)	OFF	7-8:30pm (Y)	OFF	7:15-8:30pm (Y)	OFF	3:45-5pm (Y)
<b>Nov 19-25</b>	4-5:15pm (Y)	OFF	6:15-7:30pm (Y)	<b>OFF - Holiday</b>	6:15-7:30pm (Y)	OFF	3:45-5pm (Y)
<b>Nov 26-Dec 16</b>	4-5:15pm (Y)		7-8:30pm (Y)	OFF	7:15-8:30pm (Y)	OFF	3:45-5pm (Y)
<b>AGC (5)</b>							
<b>October 22-Nov 18</b>	5-6:45pm (Y)	7-8:45pm (Y)	OFF	4-5:30pm (Y)	6:30-8:30pm (M)	OFF	3:45-5:15pm (Y)
<b>Nov 19-25</b>	6:15-7:45pm (Y)	6-7:30pm (Y)	<b>OFF</b>	<b>OFF - Holiday</b>	7:30-9pm (Y)	OFF	3:45-5:15pm (Y)
<b>Nov 26-Dec 16</b>	5-6:45pm (Y)	7-8:45pm (Y)	OFF	4-5:30pm (Y)	6:30-8:30pm (M)	OFF	3:45-5:15pm (Y)