



Over 30 Years of Competitive Swimming
in Central Pennsylvania

2008 Stroke Clinic



WSY Competitive Stroke Clinic

7-13 years (5 weeks)

Our highly successful Stroke Clinic is structured for children between the ages of 7-13 years of age. We have two (2) sessions available, including a Monday/Wednesday session and a Tuesday/Thursday session. We ask that participants indicate which session they will attend most of the clinic, however you are free to switch days if you have conflicts with other Spring activities. Concentration for all clinics will be on stroke drills, proper stroke technique, correct practice habits, and consistency. **All participants in our WSY Stroke Clinic will receive a custom Speedo Clinic T-Shirt**

Clinic Dates: April 21-May 22, 2008

M/W 6:15-7:15pm

T/TH 5:30-6:30pm

Fees: Members \$90
Program-Members \$110

Please be sure to complete the entire registration form

Family Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Cell Phone: _____

E-Mail Address: _____ E-Mail Address #2: _____

Emergency Contact: (Name and Phone) _____

Summer Swim Team: _____

Swimmer Last Name	First Name	M I	Gender	Birth date	Indicate days of week to attend