



Over 30 Years of Competitive Swimming
in Central Pennsylvania

2007 Stroke Clinic



WSY Competitive Stroke Clinic

7-12 years (5 weeks)

Our highly successful Stroke Clinic is structured for children between the ages of 7-12 years of age. We have three (3) sessions available, with one session devoted exclusively to our Novice swimmers. Concentration for all clinics will be on stroke drills, proper stroke technique, correct practice habits, and consistency.

Clinic Dates: April 23-May 24, 2007

M/W	7:15-8:15pm
T/TH	4-5pm Novice ONLY
T/TH	5-6pm

<u>Fees:</u>	Members	\$85
	Program-Members	\$105

Please be sure to complete the entire registration form

Family Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Cell Phone: _____

E-Mail Address: _____ E-Mail Address #2: _____

Emergency Contact: (Name and Phone) _____

Summer Swim Team: _____

Swimmer Last Name	First Name	M I	Gender	Birth date	Program Spring Training, Senior Training, Stroke Clinic