

SESSION #1				
FRIDAY EVENING - MAY 4, 2007 (Warm-up 4:30 p.m. - Start 5:30 p.m.)				
<u>Women's</u>		<u>Event Description</u>		<u>Men's</u>
1		Senior 400 IM		2
3		9 - 12 400 Free		4
5	Check-in Required	Senior 800 Free	Check-in Required	6

SESSION #2				
SATURDAY MORNING - MAY 5, 2007 (Warm-up 6:30 a.m. - Start 8:00 a.m.)				
Women's		Event Description		Men's
7		Senior 200 Back		8
9		13-14 200 Back		10
11		Senior 100 Breast		12
13		13-14 100 Breast		14
15		Senior 200 Fly		16
17		13-14 200 Fly		18
19		Senior 100 Free		20
21		13-14 100 Free		22
23		Senior 200 IM		24
25		13-14 200 IM		26

SESSION #3				
SATURDAY 400 FREE - MAY 5, 2007 (Warm-up 12:30 p.m. - Start 12:45 p.m.)				
27	Check-in Required	Senior 400 Free	Check-in Required	28

SESSION #4				
SATURDAY AFTERNOON - MAY 5, 2007 (Warm-up 2:30 p.m. - Start 3:30 p.m.)				
<u>Women's</u>		<u>Event Description</u>		<u>Men's</u>
31		9-10 100 Fly		32
33		11-12 100 Fly		34
35		9-10 50 Back		36
37		11-12 50 Back		38
39		9-10 100 Free		40
41		11-12 100 Free		42
43		9-10 50 Breast		44
45		11-12 50 Breast		46
47		9-10 200 IM		48
49		11-12 200 IM		50

SESSION #5**SUNDAY MORNING - MAY 6, 2007**
(Warm-up 6:30 a.m. - Start 8:00 a.m.)

<u>Women's</u>		<u>Event Description</u>		<u>Men's</u>
51		Senior 200 Free		52
53		13-14 200 Free		54
55		Senior 100 Fly		56
57		13-14 100 Fly		58
59		Senior 50 Free		60
61		13-14 50 Free		62
63		Senior 100 Back		64
65		13-14 100 Back		66
67		Senior 200 Breast		68
69		13-14 200 Breast		70

SESSION #6**SUNDAY MONSTER MILE - MAY 6, 2007 (Warm-up 12:30 p.m. - Start 12:45 p.m.)**

71	Top Two Heats Only --- Check-in Required	Senior 1500 Free	Top Two Heats Only --- Check-in Required	72
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SESSION #7**SUNDAY AFTERNOON - MAY 6, 2007****(Warm-up 2:30 p.m. - Start 3:30 p.m.)**

<u>Women's</u>		<u>Event Description</u>		<u>Men's</u>
73		9-10 200 Free		74
75		11-12 200 Free		76
77		9-10 50 Fly		78
79		11-12 50 Fly		80
81		9-10 100 Back		82
83		11-12 100 Back		84
85		9-10 50 Free		86
87		11-12 50 Free		88
89		9-10 100 Breast		90
91		11-12 100 Breast		92