

DECLARED FALSE START

A swimmer may also withdraw from a preliminary heat or swim off by electing to take a declared false start. Such declaration must be made known to the Deck Referee before the heat or swim off is announced. A declared false start counts as an event swum for the swimmer and will be counted in the maximum number of events allowed to be entered by each swimmer.

New for 2007 SCRATCHING FROM FINALS

Swimmers initially qualifying for the Consolation and Championship Finals shall have 30 minutes following the announcement of their names as finalists to scratch a final event by notifying the scratch table. If any swimmer scratches from a final event, the first and/or second alternates will be notified. They will then have to declare their intention to swim in or scratch from the Finals in that event. Failure to compete in a Finals Event from which the swimmer has not scratched shall disqualify the swimmer from the remainder of the meet. Exceptions: No penalties shall apply for failure to compete in finals if:

The referee is notified in the event of injury or illness and accepts the proof thereof.

It is determined by the referee that failure to compete is caused by circumstances beyond the control of the swimmer.

DECLARATION OF INTENT TO SCRATCH

A swimmer qualifying for consolation or championship finals, based upon the results of the preliminaries in an event, may notify the scratch table within 30 minutes after announcement of the qualifiers for that event that he/she may not compete in the finals of the event, pending the results of a subsequent preliminary event in which he/she is entered. The swimmer must declare his/her final intentions within 30 minutes of the completion of subsequent preliminary event.

COMPETITION

ORDER OF EVENTS

2007 YMCA National Long Course Championship

Prelims start at 8:00 a.m., Finals start at 6:00 p.m.

Day One			Day Three		
W	M	Event	W	M	Event
1	2	100 Backstroke	23	24	400 IM
3	4	400 Freestyle	25	26	100 Freestyle
5	6	50 Breaststroke	27	28	200 Backstroke
7	8	200 IM	29	30	50 Butterfly
9	10	50 Freestyle	31	32	800 Freestyle Relay**
11	12	200 Medley Relay			
Day Two			Day Four		
13	14	100 Butterfly	33	34	200 Freestyle Relay
15	16	200 Breaststroke	35	36	200 Butterfly
17	18	200 Freestyle	37	38	50 Backstroke
19	20	400 Freestyle Relay	39	40	100 Breaststroke
	22	800 Freestyle*	41	42	400 Medley Relay
43		1500 Freestyle*	21		800 Freestyle*
				44	1500 Freestyle*

Participants with yard times will swim first each event.

* The 800 and 1500 Meter Freestyle will be a "timed final" event: all except the fastest heat to be swum as the final event of the prelims. Heats for these events will be contested fastest to slowest. The fastest seeded heats will be the first two events of the final session on that day.

The Men's 800M Freestyle and the Women's 1500M Freestyle will be contested on Day Two of the meet while the Women's 800M Freestyle and the Men's 1500M Freestyle will be contested on Day Four. Heats for these events will be alternating women's heat then men's heat with the women's heat always starting first.