



**WSY THANKSGIVING INVITATIONAL
NOVEMBER 14-15, 2020 (2 DAYS)**

MEET HOST	WEST SHORE YMCA		
SANCTION	Held under the sanction of USA Swimming and Middle Atlantic Swimming. Sanction # MA 2112 CI <i>In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</i>		
MEET DIRECTOR	JANET BUTTERFIELD	E-MAIL: mike@wsyswim.org	PHONE: (717)514-2287
LOCATION	Pool name GRAHAM AQUATIC CENTER Street address 543 NORTH NEWBERRY STREET City, state and zip YORK, PA 17404 Day of meet ONLY emergency phone (717)514-2287		
FACILITY DESCRIPTION	This is an <input checked="" type="checkbox"/> indoor <input type="checkbox"/> outdoor pool with 8 lanes for competition, a Daktronics timing system with a 8 line scoreboard and Keiffer Wave Eater lane lines. The meet will be conducted in <input checked="" type="checkbox"/> SCY <input type="checkbox"/> SCM <input type="checkbox"/> LCM. Deck seating for ZERO and spectator seating for ZERO - All Spectators will be seated outdoors in accordance with PA Department of Health Guidelines . ParkingFREE Hospitality YES Snack bar NO		
POOL CERTIFICATION	The competition course <input type="checkbox"/> has <input checked="" type="checkbox"/> has not been certified in accordance with 104.2.2C(4)		
WATER DEPTH	The depth of the water at the start end of the pool is 7 feet and at the turn end is 6 feet.		
EVENTS	This meet will be conducted in accordance with the attached schedule of events.		
ENTRIES OPEN	OCTOBER 1, 2020		
ENTRY DEADLINE	FRIDAY, OCTOBER 23, 2020 at 11:59 PM		
ENTRY FEES	Individual Events: \$5.00		Relay Events: \$10.00
ENTRY LIMITS	Swimmers are permitted to enter four (4) events per day (Individual Events per day (excluding relays).	NA Relays per day	MEET ENTRY LIMIT: 8
ELIGIBILITY	All entrants must be registered members of USA Swimming. Age as of the first day of the meet determines eligibility. This meet is open to ALL USA swimming registered swimmers.		
ON-SITE REGISTRATION	On-site registration <input type="checkbox"/> will <input checked="" type="checkbox"/> will not be accepted at this meet. Unregistered swimmers may NOT register on deck at this meet		
ENTRY PROCEDURES	<ul style="list-style-type: none"> The Meet Director reserves the right to limit entries, events or heats in order to conform to MA/USA Swimming rules. Swimmers/teams eliminated from the meet due to time or space constraints will be given a full refund. Entry times must be submitted in the course in which they were achieved. Nonconforming times will be seeded according to procedures outlined in the USA Swimming Rulebook section 207.11.7B(2) . NT entries <input checked="" type="checkbox"/> will <input type="checkbox"/> will not be accepted. Entries must be submitted electronically in a format compatible with Hy-Tek or Team Unify meet management software. All entries should be submitted via e-mail, subject YOUR TEAM NAME – MEET NAME entry. Please include the following information in the body of the e-mail: Meet Name, Team Name, Number of Individual Entries, Number of Relay Entries and Team Meet Entry Person's Contact Information Electronic entry files (TM / TU or equivalent) are required for all entries. Unattached swimmers are encouraged to use Hytek's TM Lite for entry submission. Manual (paper) entries are subject to a \$15 surcharge. Teams with five or more swimmers who submit manual entries are subject to an additional \$25/swimmer surcharge. These fees are due at the time of entry submission. A manual entry form can be found here. FINAL entry payments and any necessary reports must be mailed or e-mailed to the entry chair by Saturday, November 14, 2020 (First Day of the Meet) Include Meet Entry Summary with payment. 		
MEET ENTRY CHAIR	G. MICHAEL GOBRECHT	PHONE #: (717)514-2287 (no calls before 9:00 AM or after 9:00 PM)	
E-MAIL ENTRY FILES TO	MIKE@WSYSWIM.ORG		
MAIL CHECKS/ REPORTS	MICHAEL GOBRECHT		

	WEST SHORE YMCA 410 FALLOWFIELD ROAD CAMP HILL, PA 17011		
CHECKS PAYABLE TO	WEST SHORE YMCA		
OPERATIONAL RISK DIRECTOR	G. MICHAEL GOBRECHT	E-MAIL: mike@wsyswim.org	PHONE: (717)514-2287
OFFICIALS CONTACT	Bert Hewitt	E-MAIL: mike@wsyswim.org	PHONE: (717)514-2287

Session 1 (9-10 Boys and Girls + 11-12 Girls)
Saturday Morning - November 14, 2020
Warm-up 7:30 am - Start 8:30 am

GIRLS	EVENT	BOYS
1	9-10 100 Butterfly	2
3	11-12 Girls 100 Butterfly	
5	9-10 50 Backstroke	6
7	11-12 Girls 50 Backstroke	
9	9-10 100 Freestyle	10
11	11-12 Girls 100 Freestyle	
13	9-10 50 Breaststroke	14
15	11-12 Girls 50 Breaststroke	
17	9-10 200 IM	18
19	11-12 200 IM	

Session 2 (13-14 Boys and Girls + 11-12 Boys)
Saturday- November 14, 2020
Warm-up 12noon - Start 1pm

GIRLS	EVENT	BOYS
21	13-14 200 Backstroke	22
	11-12 Boys 100 Butterfly	4
23	13-14 100 Breaststroke	24
	11-12 Boys 50 Backstroke	8
25	13-14 200 Butterfly	26
	11-12 Boys 100 Freestyle	12
27	13-14 100 Freestyle	28
	11-12 Boys 50 Breaststroke	16
29	13-14 200 IM	30

Session 3 - (Senior Boys + Girls)

Saturday- November 14, 2020

Warm-up 4:30 - Start 5:30pm

GIRLS	EVENT	BOYS
31	Senior 200 Backstroke	32
33	Senior 100 Breastroke	34
35	Senior 200 Butterfly	36
37	Senior 100 Freestyle	38
39	Senior 200 IM	40

Session 4 - (9-10 Boys and Girls + 11-12 Girls)

Sunday Morning - November 15, 2020

Warm-up 7:30 am - Start 8:30 am

GIRLS	EVENT	BOYS
41	9-10 100 IM	42
43	11-12 Girls 100 IM	
45	9-10 200 Freestyle	46
47	11-12 Girls 200 Freestyle	
49	9-10 50 Butterfly	50
51	11-12 Girls 50 Butterfly	
53	9-10 100 Backstroke	54
55	11-12 Girls 100 Backstroke	
57	9-10 50 Freestyle	58
59	11-12 Girls 50 Freestyle	
61	9-10 100 Breastroke	62
63	11-12 Girls 100 Breastroke	

Session 5 - (13-14 Boys and Girls + 11-12 Boys)

Sunday- November 15, 2020

Warm-up 12noon - Start 1pm

GIRLS	EVENT	BOYS
65	13-14 200 Freestyle	66
	11-12 Boys 100 IM	44
67	13-14 100 Butterfly	68
	11-12 Boys 200 Freestyle	48
69	13-14 50 Freestyle	70
	11-12 Boys 50 Butterfly	52
71	13-14 100 Backstroke	72
	11-12 Boys 100 Backstroke	56
73	13-14 200 Breastroke	74
	11-12 Boys 50 Freestyle	60
75	13-14 500 Free	76
	Limited to three heats TOTAL	
	11-12 Boys 100 Breastroke	64

Session 6 - (Senior Boys + Girls)
 Sunday- November 15, 2020
 Warm-up 4:30 - Start 5:30pm

GIRLS	EVENT	BOYS
77	Senior 200 Freestyle	78
79	Senior 100 Butterfly	80
81	Senior 50 Freestyle	82
83	Senior 100 Backstroke	84
85	Senior 200 Breastroke	86
87	Senior 500 Free Limited to three heats TOTAL	

DECK ENTRIES	Deck Entries <input checked="" type="checkbox"/> will not be accepted <input type="checkbox"/> will be accepted at this meet subject to space availability, and at the discretion of the Meet Director, prior to the start of each session, at the cost of \$10 per event. Deck-entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for points or awards. To enter, please see the Meet Director before or during warm-ups. Swimmers not previously entered in the meet must provide proof of current USA Swimming registration.
PROOF OF TIMES	Entry times must be from a sanctioned, approved or observed meet. Proof of time <input type="checkbox"/> is <input checked="" type="checkbox"/> is not required for this meet. Falsification of any entry time may be subject to penalties/fines set by Middle Atlantic
SEEDING	This meet will be PRE-seeded with the exception of the event(s) noted below. All Events will be PRE Seeded - Scratches will be taken on the day of the meet and we will re print heat sheets for coaches. Meet Program will be on Meet Mobile
AWARDS	There will be no awards for this meet
SCORING	This meet will NOT be scored
PROGRAMS AND ADMISSION	Programs/heat sheets will be sold by <input checked="" type="checkbox"/> session <input type="checkbox"/> entire meet. Meet mobile <input checked="" type="checkbox"/> will <input type="checkbox"/> will not be available. Admission is NO ADMISSION CHARGE = NO SPECTATORS ON DECK. Children under 5 admitted free. Volunteers serving in a capacity determined by the Meet Director will be refunded admission cost.
MISCELLANEOUS	<p>This meet is Open to INVITED TEAMS ONLY and will have a maximum of 200 athletes at any session with a 3 hour timeline per session</p> <p>This meet will be entirely Pre seeded. Scratches will be taken on the day of the meet and we will re print heat sheets for coaches. Meet Program will be on Meet Mobile.</p> <p>There is no penalty for swimmers that are not scratched and then do not swim their event.</p> <p>FACE COVERINGS All meet participants – coaches, officials, administrators, spectators, vendors, and athletes (between events) must wear face coverings and comply with mandated social distancing and mass gathering rules. Any issues with face covering mandate must be addressed with the Meet Referee prior to the start of the meet</p> <p>The Graham Aquatic Center has a maximum persons on deck capacity. For this meet, that will include: 1-Lifeguard 2 AO/scoring table personnel 1 Safety Marshall 1 Meet Referee 1 Starter 4 Officials 5 Coaches 8 Timers 1 Runner/ 8 Swimmers max.</p> <p>Swimmers and Parents will be seated OUTDOORS when not racing. Each Team will be "distanced". Face coverings MUST be worn when not racing</p> <p>**Pending Middle Atlantic approval - a surcharge of \$5 per swimmer will be charged as the host team will provide a 20 X 20 Tent and Heater for each team</p> <p>WARM UPS: Warm up assignments are transmitted electronically in advance. Warm ups will take place in the competition pool and 6 lane warm up pool. A maximum of four swimmers per lane for warm ups is encouraged.</p>

	<p>When entering the pool for a scheduled event, swimmers will be asked to line up outside the doors at the start end on the numbered spaces, maintaining social distancing protocol and will wait to be called to the pool deck by the meet volunteers. All swimmers will enter the pool deck through doors at the start end of the pool</p> <p>There will be a ZOOM Meeting on the Tuesday PRIOR to the event (Tuesday, November 10th) at 12 noon for all coaches of invited teams.</p>
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SESSION	WARM-UP TIMES	MEET STARTS
1 Saturday AM (9-10 Boys and Girls + 11-12 Girls)	7:30am	8:30am
2 - (13-14 Boys and Girls + 11-12 Boys)	12 noon	1pm
3 - Saturday (Senior Boys + Girls)	4:30pm	5:30pm
4 - Sunday Morning (9-10 Boys and Girls + 11-12 Girls)	7:30am	8:30
5 - (13-14 Boys and Girls + 11-12 Boys)	12 noon	1pm
6 Sunday (Senior Boys + Girls)	4:30pm	5:30pm

WARM-UP INFORMATION	<p>USA Swimming and Middle Atlantic Swimming Safety Guidelines and Warm-up Procedures will be in effect for the entire meet. Entry into the pool shall be from the ends, not the sides, and shall be feet first except in designated start/sprint lanes.</p> <p>Warm-up sessions may be divided into periods of equal length depending on the number of swimmers entered into each session. Warm-up schedules will be posted and made available to coaches at the meet.</p> <p>Sprint/ Start lanes will be available at the end of the warm-up period. No diving or backstroke starts will be permitted, except in sprint lanes, when designated.</p> <p>The referee may remove anyone from the warm-up for failure to comply with warm-up rules</p>
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COVID-19	<p>An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.</p> <p>USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.</p> <p>BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.</p>
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MEET HOST'S ASSUMPTION OF RISK DISCLAIMER	<p>The West Shore YMCA has taken enhanced health and safety measures for athletes, coaches, officials, spectators, and others participating in this meet. You must follow all safety instructions in the following meet sanction. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. Senior citizens and those with underlying medical conditions are especially vulnerable. By attending this meet, you assume all risks related to exposure to COVID-19.</p>
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Face Coverings	<p>All meet participants – coaches, officials, administrators, spectators (that are outdoors), and athletes (between events) must wear face coverings and comply with mandated social distancing and mass gathering rules.</p>
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LOCAL PROTOCOLS	<p>The Graham Aquatic Center has a maximum persons on deck capacity. For this meet, that will include: 1-Lifeguard 2 AO/scoring table personnel 1 Safety Marshall 1 Meet Referee 1 Starter 4 Officials 5 Coaches 8 Timers 1 Runner/ 8 Swimmers max.</p> <p>Each team will be assigned a separate area outside the pool deck for swimmers and families. These areas will be clearly marked for each team with signage and ground markings to facilitate appropriate distancing. Members of each team will be provided one (1) 20 X 20 Tent that will be set up in your team area. Tents will be erected 6 feet apart.</p> <p>Three heat positions will be maintained – 1. at the blocks, 2. Behind the blocks (12 feet behind blocks) and 3. staging areas outside the facility. As a heat goes off the blocks and vacates position 1, position 2 moves into position 1, position 3 moves into position 2. Lining up and movement of swimmers will be facilitated by a WSY volunteer to ensure distancing and mask requirements and to ensure each swimmer is prepared to swim in the appropriate heat and lane. Heats will be lined up with at least 6 feet between each swimmer. All positions swimmers will use to line up (both outside and behind the blocks) will be clearly marked.</p>
ATHLETE PROTECTION (MAAPP)	<p>All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Protection Policy (“MAAPP”), and that they understand that compliance with MAAPP policy is a condition of participation in the conduct of this competition.</p>
DECK PRIVILEGES	<p>Only currently credentialed coaches, USA Swimming registered athletes and essential meet personnel will be permitted on deck. A (non-removable) identification band must be provided to and worn by each non-athlete member of USA Swimming, including coaches and officials, that is on-deck at a sanctioned meet; such identification band shall be issued following a review of that individual’s membership/certification credentials and personal photo ID. A new identification band shall be issued for each day of such meet, and the credentials/photo ID must be re-checked if a replacement ID is issued.</p> <p>Swimmers must be under the direct supervision of an USA Swimming Member Certified Coach at all times. Unattached swimmers and attached swimmers attending without a coach are responsible for securing a USA Swimming Member coach who will supervise them while on deck during warm-up, warm down, before, during, or after the meet. Additionally these swimmers must register a contact person with the meet director. This information should be submitted with the entries.</p>
TECH SUIT POLICY	<p>The following rule will take effect SEPTEMBER 1, 2020. 102.8 SWIMWEAR .1 Design F. No Technical Suit may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.</p>
RACING START CERTIFICATION	<p>Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. A copy of the Racing Start Certification Checklist, signed by a USA Swimming member coach, must be given to the referee prior to the start of the meet.</p>
QUALIFYING TIMES	<p>Qualifying Times (if applicable) are shown on the attached Meet Structure</p>
MEET/DECK REFEREE	<p>The meet/deck referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to him/her. The meet/deck referee has final judgment for any issues that arise that day during the course of the meet.</p>
MEET MARSHALS	<p>Meet Marshals have full authority through the Meet Referee & Safety Director for safety and good order throughout the venue at all times. Swimmers, coaches and spectators may be removed from the deck/venue for non-compliance with procedures or non-cooperation with Marshals’ instructions.</p>
RULES:	<p>This meet will be governed by current USA Swimming Rules. Fly-over starts will be used at this meet for all events involving swimmers 9 and over. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.</p> <p>For pools with bulkheads: Any swimmer observed swimming under or through the bulkhead by an Official or Safety Monitor/Marshal at the meet will be disqualified from that swimmer’s next individual event or from the remainder of the meet, as determined by the Meet Referee. This policy will be STRICTLY enforced.</p>

	<p>Smoking and the use of tobacco products are prohibited as is sale and use of alcoholic beverages/ No unauthorized personnel will be allowed on the pool deck. Coaches, Officials, and designated Meet personnel will only be permitted on deck if they are wearing their approved and current credentials. All other individuals, except swimmers, will be prevented from entering the deck area</p>
DISABLED SWIMMERS	Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted.
PROTESTS	A Meet Jury will adjudicate any protests including issues of conduct which may occur in the meet venue. All protests must be in writing to the Meet/Deck Referee. The Meet Jury will consist of the Meet Director, an Athlete and a Coach. Additional members including an official may be added for a jury of five. The Meet Referee will act as a mediator
PHOTOGRAPHY	<p>Middle Atlantic PHOTOGRAPHY/VIDEOGRAPHY STATEMENT In compliance with USA Swimming Rules and Regulations: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additionally, the use of equipment capable of taking pictures or videos (i.e. cell phones, cameras, PDA's, etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and warm down periods. Unless approved in advance by the MAS Board and stated in the meet announcement, photographers /videographers are not permitted on deck at any time.</p> <p>As an approved exception, USA Swimming-registered and credentialed coaches are permitted to utilize visual recording devices to record their swimmers in the pool for the sole purpose of stroke training subject to the location restrictions of this statement so long as they do not interfere with meet operations. In the event of any disputes regarding video recording, the Referee's decision shall be final and binding. In no case shall coaches be permitted to delegate this role to athletes.</p>
DRONE	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations of USA Swimming.
DECK CHANGING	Deck changes are prohibited.
DIRECTIONS	<p>The following directions will lead you directly to the Graham Aquatic Center, which is where swimmers may be dropped off. However, parking for the facility is located on Parkway Boulevard. There will be additional parking available at Met-Ed, and along the streets. There is easy access to the facility from the parking area via a pedestrian path and bridge.</p> <p>The address of the facility is 543 North Newberry Street, York, PA 17404.</p>
ACCOMODATIONS	Google Hotels near: 543 North Newberry Street